

# College, Career & Life Planning



## Career Evaluation Worksheet (Example: Nursing for Chris)

Instructions: List each occupation that you wish to investigate at the top of a column. Fill in the information for that occupation identified in the left-hand column. This is your personal summary of how each occupation fits your interests, skill, abilities, educational plans, personal needs and financial requirements.

<b>Occupation</b>	<b>Registered Nurse</b>		
<b>Annual Income</b>			
National	\$51,000		
State	\$47,700		
<b>Job Openings (Annually)</b>			
National: % Chg/#	+27% (110,120)		
State: % Chg/#	+34% (7160)		
<b>Knowledge/Interest Fit</b>			
Strong (Good Fit)	Science, Biology Care Giving Medicine/Healthcare Human Behavior		
Weak (Poor Fit)			
<b>Skills/Abilities Fit</b>			
Strong (Good Fit)	Listening Critical Thinking Problem Sensitivity Detail Oriented		
Weak (Poor Fit)	Speaking (to Groups)		
<b>Task Fit</b>			
Like (Good Fit)	“Hands-on” Care Giving. Follow Procedures		
Dislike (Poor Fit)	Make presentations on health issues.		
<b>Education Required</b>	College		
<b>Job Satisfaction</b> (e.g. status, autonomy, helping others, variety, personal growth, challenging, fun) – Does job provide “what’s important to you?”	Very attractive. Enjoy helping others and learning about new treatments. Admired Profession. Job Security		
<b>Your Major Concerns</b> about this occupation?	Speaking to Groups (but not a major part of job)		
<b>Your Overall Rating</b> of this Occupation for You?	Very Attractive		