

College, Career & Life Planning



Career Evaluation Worksheet

Instructions: List each occupation that you wish to investigate at the top of a column. Fill in the information for that occupation identified in the left-hand column. This is your personal summary of how each occupation fits your interests, skill, abilities, educational plans, personal needs and financial requirements.

Occupation			
Annual Income National State			
Job Openings (Annually) National: % Chg/# State: % Chg/#			
Knowledge/Interest Fit Strong (Good Fit) Weak (Poor Fit)			
Skills/Abilities Fit Strong (Good Fit) Weak (Poor Fit)			
Task Fit Like (Good Fit) Dislike (Poor Fit)			
Education Required			
Job Satisfaction (e.g. status, autonomy, helping others, variety, personal growth, challenging, fun) – Does job provide “what’s important to you?”			
Your Major Concerns about this occupation?			
Your Overall Rating of this Occupation for You?			